

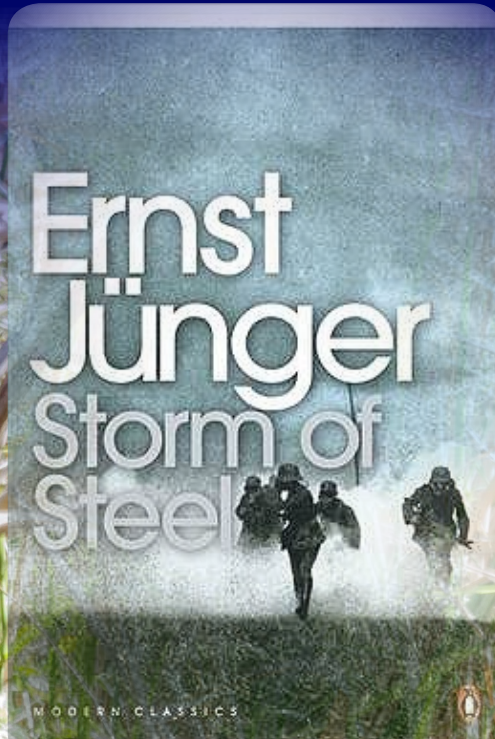


1RAR

CO's Recommended Reading List 2017

*Officers to note required reading for Officer Professional Development

Soldiers



Storm of Steel

by Ernst Jünger (Michael Hofmann's translation)
ISBN: 0141186917

What: A memoir of astonishing power and savagery, 'Storm of Steel' illuminates the horrors and the fascination of total war, seen through the eyes of an ordinary German soldier.

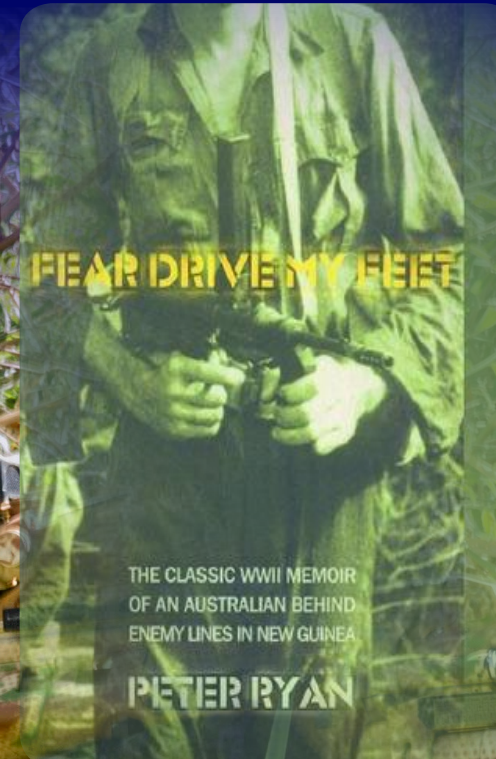
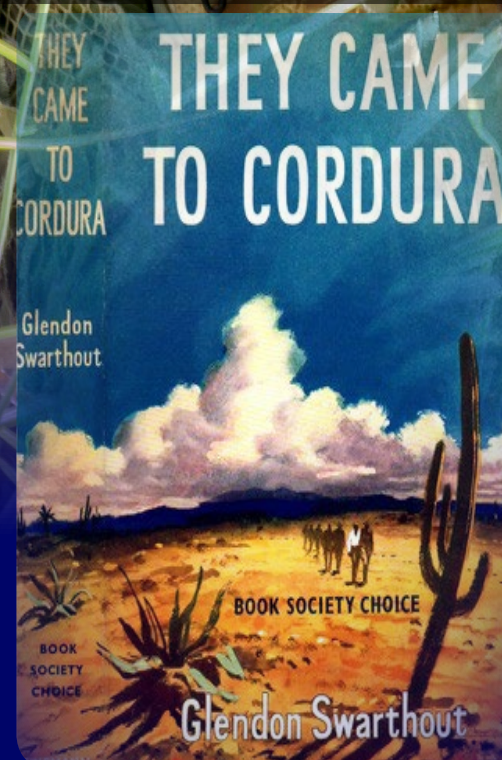
Why: To understand the vital need for 'better leadership, discipline, training and equipment' in War.

They Came to Cordura

by Glendon Swarthout
ISBN: 0451146581

What: Major Thorn is ordered to take 5 soldiers who have distinguished themselves in combat back to base at Cordura and write them up for Medals of Honor, which they'll be shipped home to the States to receive. While trying to keep his men alive so that they can receive their medals for valor, harsh circumstances reveal all 5 "heroes" to be pathetic, corrupt, hypocritical, cowardly, and degenerate. Cordura describes with unsparing accuracy the conduct of the human spirit under stress. Its setting is a small corner of military history, but its concern is with War and the qualities that it unchangingly demands. It is a remarkable novel for its creation of tension and its probing into the motives which make men behave courageously and selflessly on the battlefield.

Why: To understand the vital need for 'better leadership and discipline' in War.



Fear Drive my Feet

by Peter Ryan
ISBN: 0522837271

What: A personal account of an Australian and his adventure patrolling remote, enemy infiltrated parts of PNG during WW2. A study of Stoicism and resilience in the toughest of circumstances.

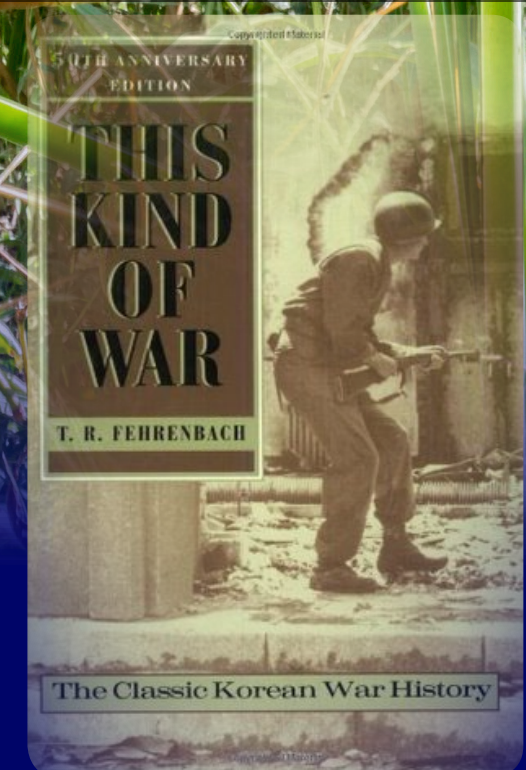
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This Kind of War

by T.R. Fehrenbach
ISBN: 1574883348

What: Partly drawn from official records, operations journals, and histories, it is based largely on the compelling personal narratives of the small-unit commanders and their troops. Unlike any other work on the Korean War, it provides both a clear panoramic overview and a sharply drawn "you were there" account of American troops in fierce combat against the North Korean and Chinese communist invaders. As Americans and North Koreans continue to face each other across the 38th Parallel, This Kind of War commemorates the past and offers vital lessons for the future.

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Section Comd

FEAR DRIVE MY FEET

THE CLASSIC WWII MEMOIR
OF AN AUSTRALIAN BEHIND
ENEMY LINES IN NEW GUINEA

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THE PLATOON'S DESCENT
INTO MADNESS IN IRAQ'S
TRIANGLE OF DEATH

BLACK
HEARTS

JIM FREDERICK

THE
MISSION,
THE MEN,
AND ME

LESSONS FROM A
FORMER DELTA FORCE
COMMANDER

PETE BLABER

The Mission, The Men, and Me

by Pete Blaber
ISBN: 0425223728

What: As a commander of Delta Force the most elite counter-terrorist organisations in the world, Pete Blaber took part in some of the most dangerous, controversial, and significant military and political events of our time. Now he takes his intimate knowledge of warfare and the heart, mind, and spirit it takes to win and moves his focus from the combat zone to civilian life.

Why: To understand the vital need for 'better leadership, discipline, training and equipment' in War.

Warrior Mindset

by Michael J. Asken
ISBN: 0964920557

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Why: Understand how to become 'better trained'.

Foreword by bestselling author
Brad Thor

WARRIOR
MINDSET

Mental Toughness Skills
for a Nation's Peacekeepers

Michael J. Asken, Ph.D.
Lt. Col. Dave Grossman with Loren W. Christensen

Platoon & Company Comd Teams

TRIBE

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and Belonging

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JUNGER

Bestselling Author of *War* and *The Perfect Storm*

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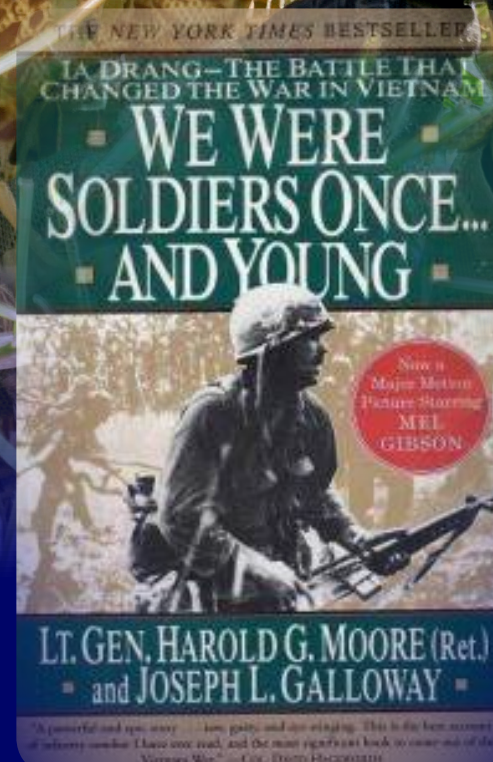
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MAN'S SEARCH FOR MEANING VIKTOR E. FRANKL

WITH A NEW FOREWORD BY
HAROLD S. KUSHNER

MORE THAN
12 MILLION COPIES
IN PRINT
WORLDWIDE

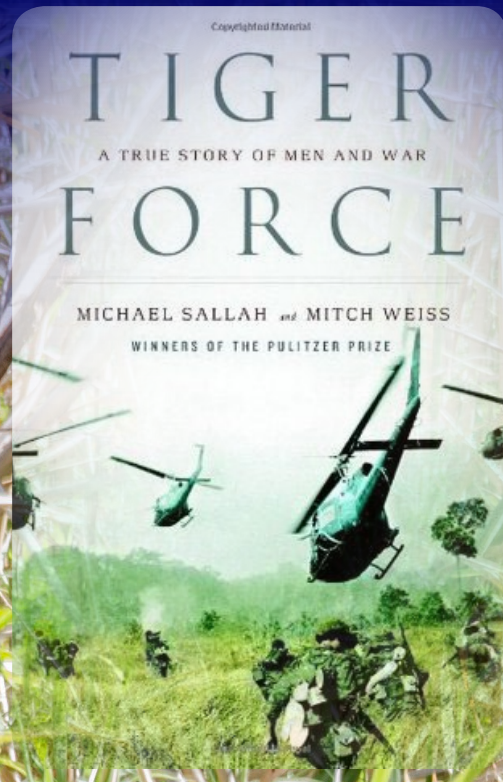
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Platoon & Company Comd Teams



Tiger Force

by Michael Sallah, Mitch Weiss
ISBN: 0316159972

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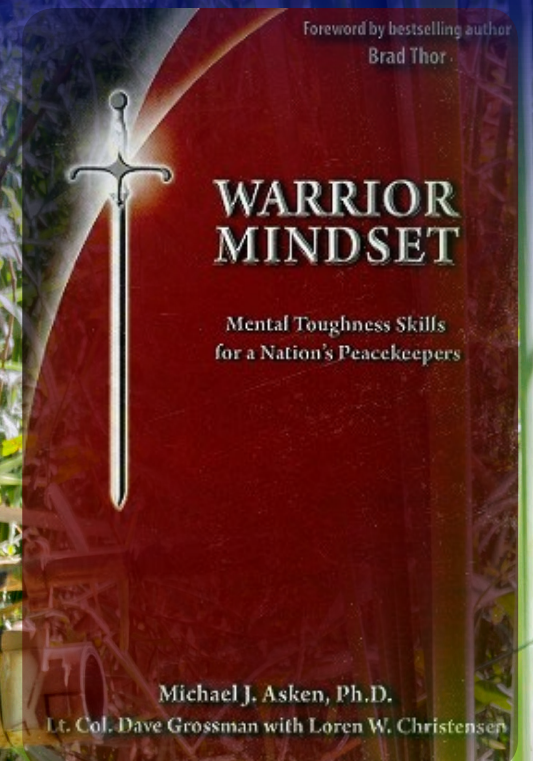
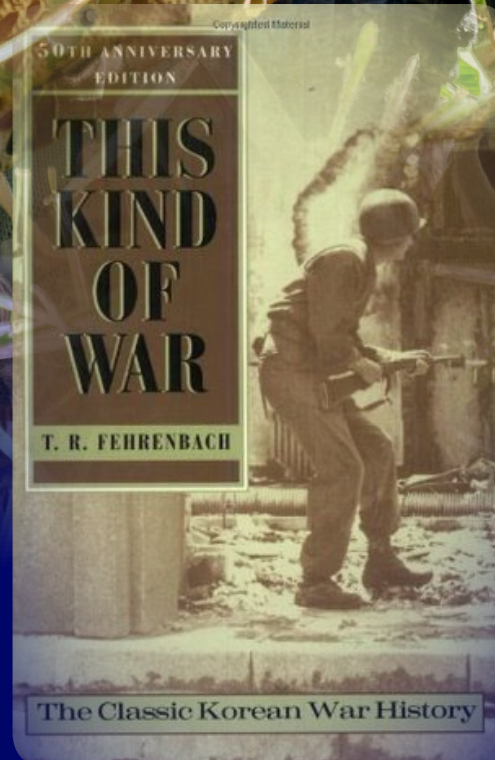
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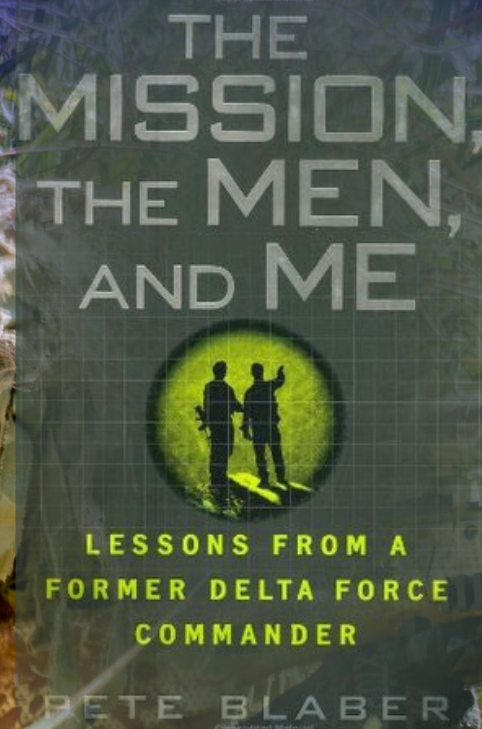
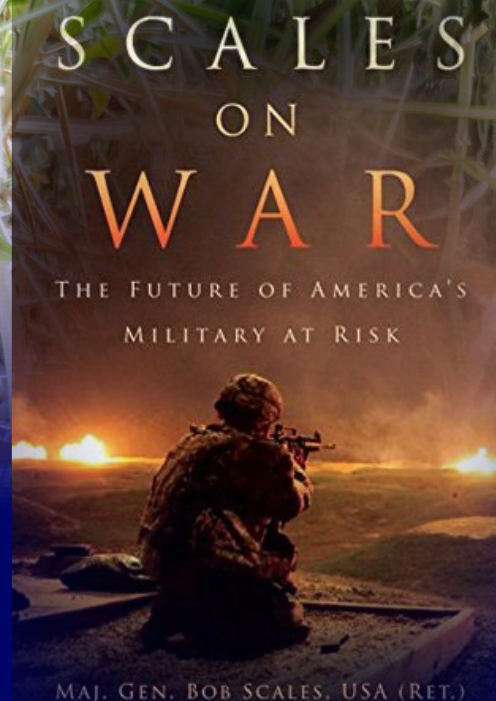
Platoon & Company Comd Teams

Scales On War

by MAJ. GEN Bob Scales
ISBN: 1682471020

What: Scales on War is a collection of ideas, concepts and observations about contemporary war taken from over 30 years of research, writing and personal experience by retired Major General Bob Scales. The book melds Scales' unique style of writing that includes contemporary military history, current events and his philosophy of ground warfare to create a very personal and expansive view of where American defense policies are heading in the future. Although written specific to America, much of the commentary applies to all Western Nations.

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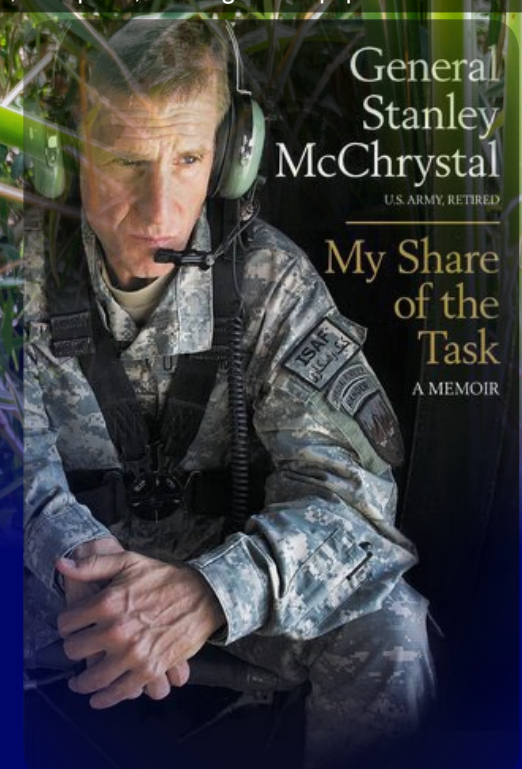
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My Share of the Task

by Stanley McChrystal
ISBN: 1591844754

What: In this illuminating memoir, McChrystal explores the major episodes and controversies of his eventful career. He delves candidly into the intersection of history, leadership, and his own experience to produce a book of enduring value. Ultimately, My Share of the Task is about much more than war and peace, terrorism and counterinsurgency. As McChrystal writes, "More by luck than design, I'd been a part of some events, organizations, and efforts that will loom large in history, and more that will not. I saw selfless commitment, petty politics, unspeakable cruelty, and quiet courage in places and quantities that I'd never have imagined. But what I will remember most are the leaders."

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PSOs

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Not a Good Day to Die

by Sean Naylor
ISBN: 0425207870

What: Award-winning combat reporter Sean Naylor reveals how close American forces came to disaster in Afghanistan against Al Qaeda—after easily defeating the ragtag Taliban that had sheltered the terrorist organization behind the 9/11 attacks. At dawn on March 2, 2002, over two hundred soldiers of the 101st Airborne and 10th Mountain Divisions flew into the mouth of a buzz saw in Afghanistan's Shahikot Valley. Believing the war all but over, U.S. military leaders refused to commit the extra infantry, artillery, and attack helicopters required to fight the war's biggest battle—a missed opportunity to crush hundreds of Al Qaeda's fighters and some of its most senior leaders.

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NATIONAL BESTSELLER

CHAOS AND COURAGE IN THE
MOUNTAINS OF AFGHANISTAN

NOT A
GOOD DAY
TO DIE

THE UNTOLD STORY OF
OPERATION ANACONDA
SEAN NAYLOR

"If you liked *Black Hawk Down*,
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—*New York Post*

"The definitive account."
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Foreword by bestselling author
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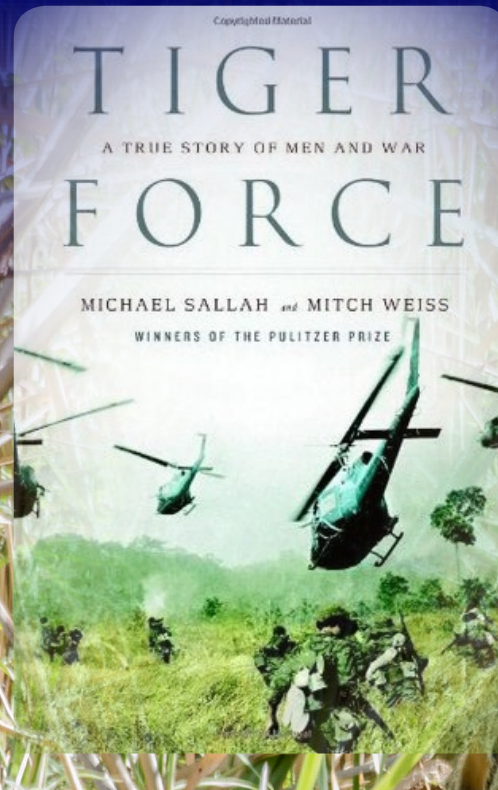
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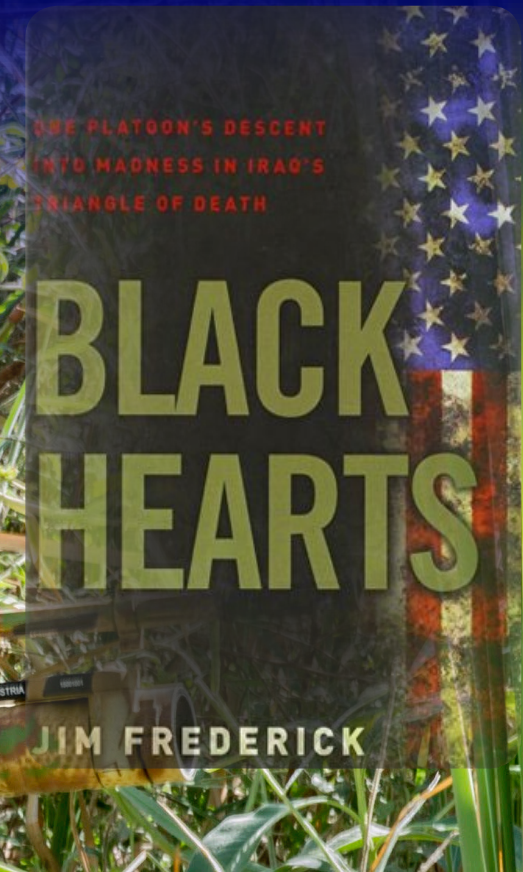
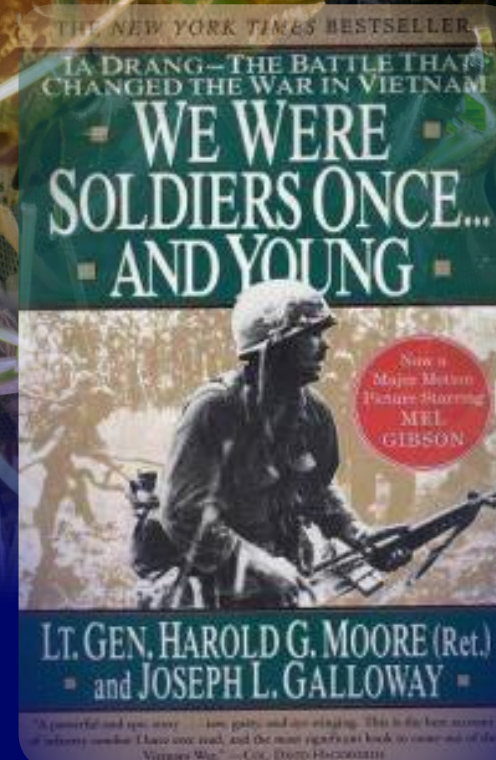
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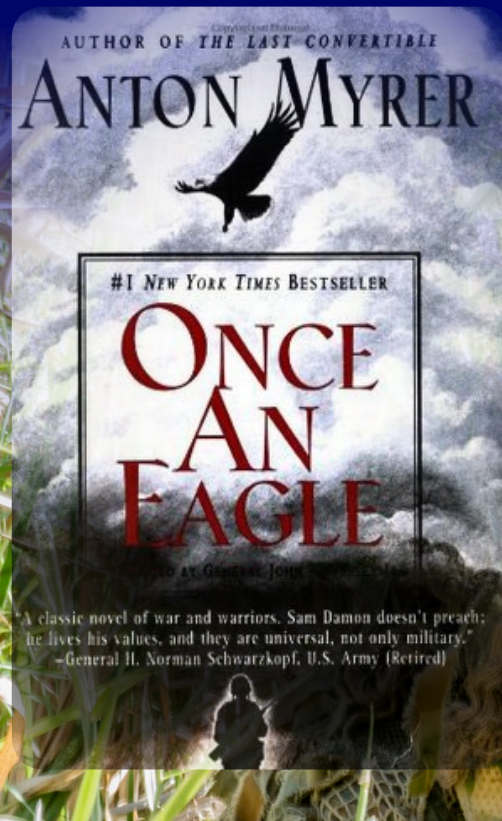
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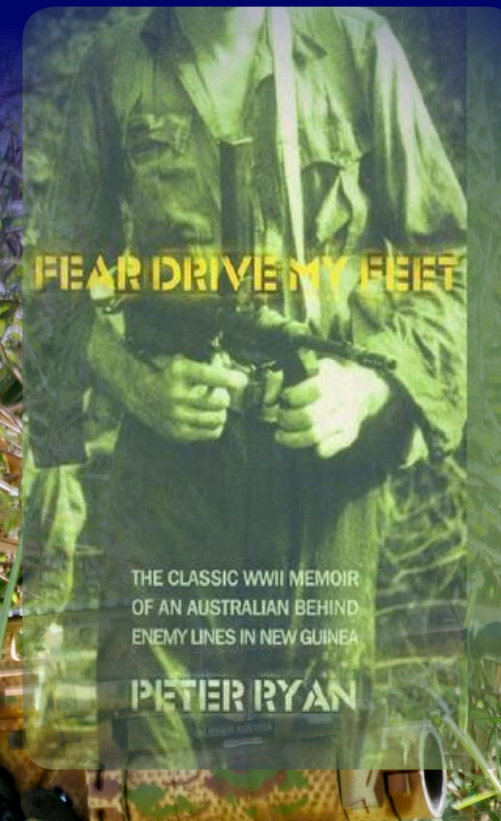


Once an Eagle

by Anton Myrer
ISBN: 0060084359

What: A story of two soldiers: Sam Damon, who puts duty, honour and the men he commands above self interest; and Courtney Massengale, who advances by making the right connections behind the lines and in Washington's corridors of power. The conflict between the two begins during the Great War and reaches its conclusion in the Vietnam War.

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Other Options

MATTERHORN

a novel of the vietnam war

by Karl Marlantes

Matterhorn

by Karl Marlantes

ISBN: 0802145574

What: It is the timeless story of a young Marine lieutenant, Waino Mellas, and his comrades in Bravo Company, who are dropped into the mountain jungle of Vietnam as boys and forced to fight their way into manhood. Standing in their way are not merely the North Vietnamese but also monsoon rain and mud, leeches and tigers, disease and malnutrition. Almost as daunting, it turns out, are the obstacles they discover between each other: racial tension, competing ambitions, and duplicitous superior officers. But when the company finds itself surrounded and outnumbered by a massive enemy regiment, the Marines are thrust into the raw and all-consuming terror of combat. The experience will change them forever.

Why: To understand the vital need for 'better leadership and discipline' in War.

Sapiens

by Yuval Noah Harari

ISBN: 055338368X

What: How did our species succeed in the battle for dominance? Why did our foraging ancestors come together to create cities and kingdoms? How did we come to believe in gods, nations and human rights; to trust money, books and laws; and to be enslaved by bureaucracy, timetables and consumerism? And what will our world be like in the millennium to come? In *Sapiens*, Dr Yuval Noah Harari spans the whole of human history, from the very first humans to walk the earth to the radical – and sometimes devastating – breakthroughs of the Cognitive, Agricultural and Scientific Revolutions. Have we become happier as history has unfolded? Can we ever free our behaviour from the heritage of our ancestors? And what, if anything, can we do to influence the course of the centuries to come?

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Yuval Noah
Harari

Sapiens

A Brief
History of
Humankind

NEW YORK TIMES BESTSELLER
"The scope and the explanatory power of this book are astounding." —*The New Yorker*

WINNER
OF THE
PULITZER
PRIZE

GUNS, GERMS, AND STEEL

The FATES of HUMAN SOCIETIES

JARED DIAMOND

Guns, Germs, and Steel

by Jared Diamond

ISBN: 0739467352

What: A global account of the rise of civilization that is also a stunning refutation of ideas of human development based on race. Until around 11,000 b.c., all peoples were still Stone Age hunter/gatherers. At that point, a great divide occurred in the rates that human societies evolved. The paths that lead from scattered centers of food to broad bands of settlement had a great deal to do with climate and geography. But how did differences in societies arise? Diamond dismantles pernicious racial theories tracing societal differences to biological differences.

In its sweep, *Guns, Germs and Steel* encompasses the rise of agriculture, technology, writing, government, and religion, providing a unifying theory of human history as intriguing as the histories of dinosaurs and glaciers.

Why: Understand the significant technological advances the human race has made during its evolution and how this leads to the vital need for 'better trained and better equipped.'

Better Trained

SUPERTRAINING

SIXTH EDITION - EXPANDED VERSION

YURI VERKHOSHANSKY
MEL SIFF

Supertraining

by Yuri V. Verkhoshansky, Mel C. Siff, Michael Yessis
(Translator)

ISBN: 8890403810

What: Perhaps the most complete book on strength training ever written. Covers explosive strength, power, speed training, plyometrics, loading, flexibility, circuit training, periodisation, weightlifting and much more.

Why: Understand how to become 'better trained'.

5/3/1

by Jim Wendler

ISBN: 0557248299

What: The success of the 5/3/1 Method has been nothing short of extraordinary. The response towards this simple but brutally effective training system has been overwhelming. This is because it works. And works for just about anyone willing to put in the discipline and work that getting stronger requires. Elite level lifters to absolute beginners have all used the 5/3/1 Method; the basic tenets of strength training have and will never change. Big exercises, constant progress, and personal records will never go out of style.

Why: Understand how to become 'better disciplined and better trained'.

Training at the Speed of Life

Volume One

The Definitive Textbook for
Military and Law Enforcement
Reality Based Training

Kenneth R. Murray

Foreword by Lt. Col. Dave Grossman Author of *On Killing* and *On Combat*

Training at the Speed of Life

by Kenneth R. Murray

ISBN: 0976199408

What: Training at the Speed of Life is dedicated to the development of safe and realistic training for police officers and military personnel, as well as any individual interested in the improvement in tactical abilities to handle dangerous encounters. This book begins with an in-depth analysis of the psychology of encounter, then goes on to describe various types of training methods and models. The latter part of the book describes the various technologies available as well as their application to Reality Based Training including weapons and ammunition suitable for training. It is an extremely thorough treatment of the fascinating subject of armed conflict and provides concrete training methods for preparing for high intensity conflicts.

Why: Understand how to become 'better trained and better disciplined'.

THE SIMPLEST AND MOST EFFECTIVE TRAINING SYSTEM FOR RAW STRENGTH

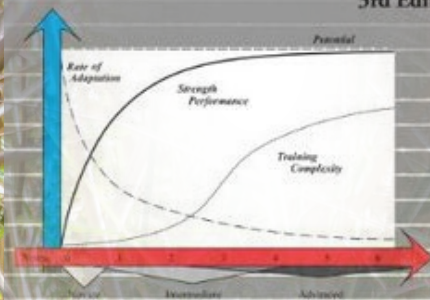
JIM WENDLER

5/3/1

Better Trained

Practical Programming for Strength Training

3rd Edition



Mark Rippetoe
& Andy Baker

Practical Programming for Strength Training

by Mark Rippetoe
ISBN: 9780982522752

What: There is a difference between Exercise and Training. Exercise is physical activity for its own sake, a workout done for the effect it produces today, during the workout or right after you're through. Training is physical activity done with a longer-term goal in mind, the constituent workouts of which are specifically designed to produce that goal. Practical Programming for Strength Training addresses the topic of Training. It details the mechanics of the process, from the basic physiology of adaptation to the specific programs that apply these principles to novice, intermediate, and advanced lifters.

Why: Understand how to become 'better trained'.

Thinking, Fast and Slow

by Daniel Kahneman
ISBN: 0374275637

What: Kahneman reveals where we can and cannot trust our intuitions and how we can tap into the benefits of slow thinking. He offers practical and enlightening insights into how choices are made in both our business and our personal lives—and how we can use different techniques to guard against the mental glitches that often get us into trouble.

Why: Understand how to become 'better trained'.

THINKING, FAST AND SLOW



DANIEL
KAHNEMAN

WINNER OF THE NOBEL PRIZE IN ECONOMICS



Foundation GST

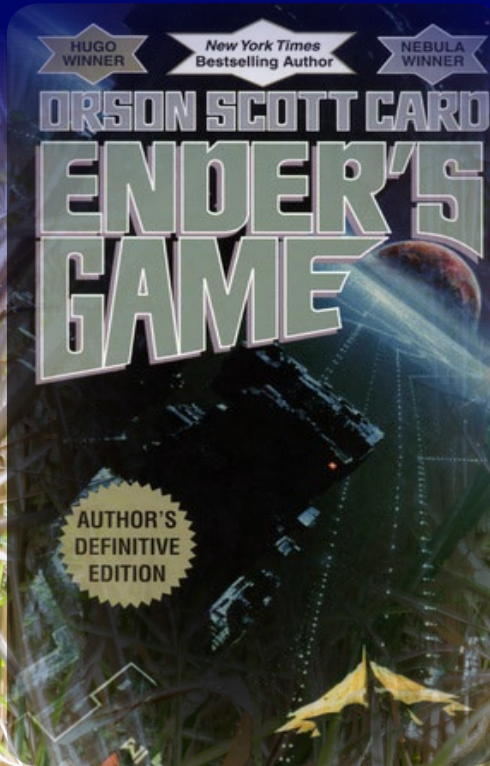
by Chris Sommer

URL: <https://www.gymnasticbodies.com/gb-courses/foundation-series/>

What: Gymnastic Strength Training (GST) has tremendous carryover to other sports and weightlifting. Absolute Strength is nothing without mobility, and absolute mobility is nothing without strength. Warriors require both. Foundation One includes technique instruction for every strength and mobility exercise so you understand important cues and maximise your training time. Available completely online, with video demonstrations and all programming provided - supported by a large community. Purchasing offers lifetime access with hundreds of follow along workouts.

Why: Understand how to become 'better trained'.

Fiction



Ender's Game

by Orson Scott Card
ISBN: 0812550706

What: Andrew "Ender" Wiggin thinks he is playing computer simulated war games; he is, in fact, engaged in something far more desperate. The result of genetic experimentation, Ender may be the military genius Earth desperately needs in a war against an alien enemy seeking to destroy all human life. The only way to find out is to throw Ender into ever harsher training, to chip away and find the diamond inside, or destroy him utterly. Ender Wiggin is six years old when it begins. He will grow up fast.

Why: To understand the importance of being 'better trained and better disciplined' in War, as well as the importance and power of developing individual intuitive decision making to lead small teams to great effect. Also appreciate the costs to morality sometimes required in War.

Dune

by Frank Herbert
ISBN: 0340839937

What: Set in the far future amidst a sprawling feudal interstellar empire where planetary dynasties are controlled by noble houses that owe an allegiance to the imperial House Corrino, Dune tells the story of young Paul Atreides (the heir apparent to Duke Leto Atreides and heir of House Atreides) as he and his family accept control of the desert planet Arrakis, the only source of the 'spice' melange, the most important and valuable substance in the cosmos. The story explores the complex, multi-layered interactions of politics, religion, ecology, technology, and human emotion as the forces of the empire confront each other for control of Arrakis. A classic piece of Science Fiction which subdues the theme of future technology to spotlight a story of human politics. A central theme of heroism drags the reader through an exploration of humanity and what may become of our culture.

Why: To observe even in the future 'the past is prologue' and appreciate how technology changes the conduct of war, but the enduring principles remain the same.



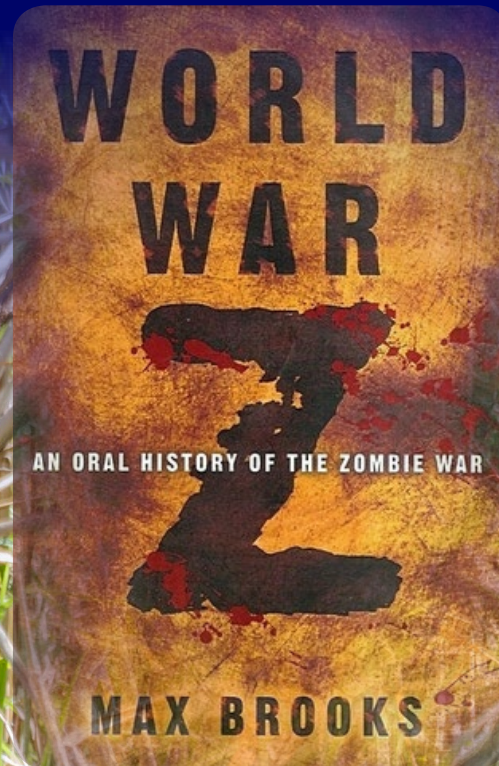
Blood Meridian

by Cormac McCarthy
ISBN: 0330544586

What: Based on real life events, the story is set around 1850, immediately after the end of the Mexican-American War, and takes place in the "borderlands" between the two countries that stretches from Texas to California. The narrative follows a young teenager, known only as "the kid," who runs away from his father in Tennessee after his mother dies. After engaging in a number of notably violent occupations, the kid eventually hooks up with a group of scalphunters led by John Glanton. The rest of the story follows the kid and his exploits with the Glanton Gang as they cut a swathe of violence across the borderlands. McCarthy uses the lawlessness and extreme carnage of the period and the horrific events that transpire as a microcosm to explore the nature of war, violence and man's unrivaled capacity for unmitigated depravity.

Why: To observe the importance of being 'better led and disciplined' in War.

Fiction



World War Z

by Max Brooks
ISBN: 0307346609

What: A series of accounts from the survivors of 'The Zombie War' (a fictional story of a zombie apocalypse scenario). Max Brooks recorded the testimony of men, women, and sometimes children who came face-to-face with the living, or at least the undead, hell of that dreadful time. The book captures with haunting immediacy the human dimension of this epochal event. Facing the often raw and vivid nature of these personal accounts requires a degree of courage on the part of the reader, but the effort is invaluable because, as Mr. Brooks says in his introduction, "By excluding the human factor, aren't we risking the kind of personal detachment from history that may, heaven forbid, lead us one day to repeat it? And in the end, isn't the human factor the only true difference between us and the enemy we now refer to as 'the living dead'?"

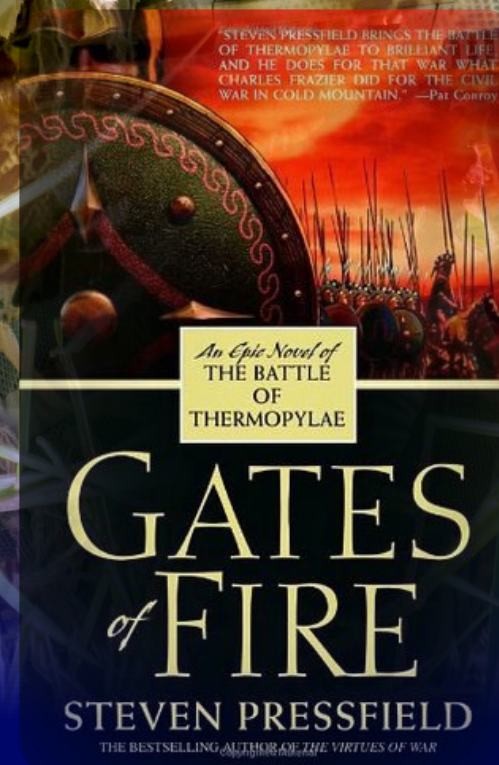
Why: To demonstrate and inspire creative problem solving, which is essential to being 'better than any potential adversary' in War.

Gates of Fire

by Steven Pressfield
ISBN: 055338368X

What: In 480 B.C., two million Persian invaders come to the mountain pass of Thermopylae in eastern Greece, where they are met by 300 of Sparta's finest warriors. The Greek loyalists battle for six days in a prelude to their ultimate victory. Courage, and a determination to fight for one's honour and comrades, are a strong theme throughout making this a true tale of soldiering.

Why: To understand the vital need for being 'better led, better disciplined and better trained' for War.



Eagle in the Snow

by Wallace Breen
ISBN: 1590710118

What: Banished to the Empire's farthest outpost, veteran warrior Paulinus Maximus defends The Wall of Britannia from the constant onslaught of belligerent barbarian tribes. Bravery, loyalty, experience, and success lead to Maximus' appointment as General of the West by the Roman emperor, the ambition of a lifetime. But with the title comes a caveat: Maximus needs to muster and command a single legion to defend the perilous Rhine frontier. Combining the brilliantly realised battle action of Gates of Fire and the masterful characterisation of Mary Renault's The Last of the Wine, Eagle in the Snow is nothing less than the novel of the fall of the Roman empire and service to a nation.

Why: To understand the vital need for being 'better led, better disciplined and better trained' in War.

Additional Resources

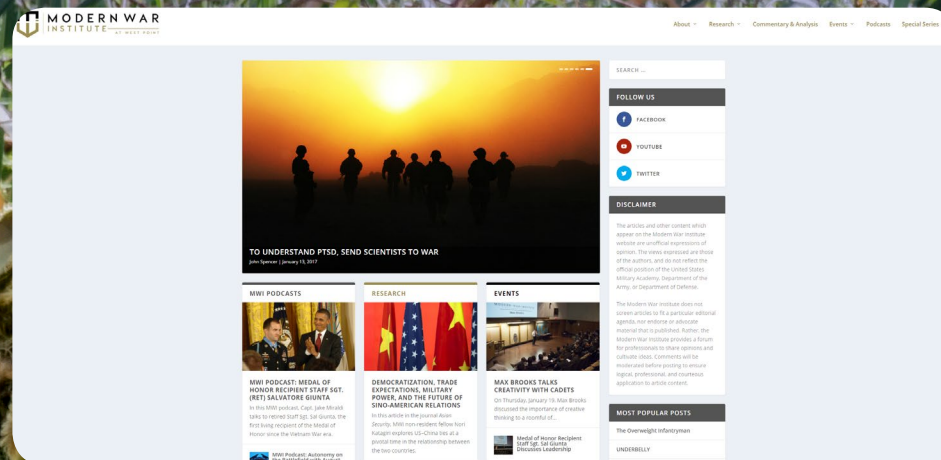
Blinkist

<https://www.blinkist.com/en/>

What: 1,500+ best-selling nonfiction books, transformed into powerful shorts you can read or listen to in just 15 minutes. Not enough time to read every book? Or only need to basic ideas and premise - Blinkist offers this for many great books.

- Free with restrictions
- US \$49.99 per year. Blinkist Plus (free trial available)
- US \$79.99 per year. Blinkist Premium

Why: Enhance professional development cost effectively.




The Strategy Bridge

<http://thestrategybridge.org/>

What: Strategy Bridge exists to develop a community of thinkers and writers who seek to improve the level of discussion in these areas; to create networks of individuals that support current thinkers and practitioners, as well as support the development of future leaders in these areas; and to develop the next generation of thinkers and practitioners in the realm of strategy.



Twitter, Facebook and Instagram feeds available.

Why: Understand how to become 'better led, better disciplined and better trained' for War.

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Modern War Institute

<http://mwi.usma.edu/>

What: The Modern War Institute at West Point provides intellectual tools on recent and ongoing conflicts to educate present and future leaders on military problems and the problem-solving skills necessary to win in a complex world. An excellent resource for articles on all facets of military service and war. Also includes a very good podcast.

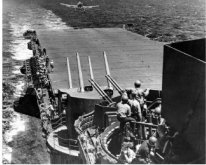
Twitter, Facebook and YouTube feeds available.

Why: Understand how to become 'better led, better disciplined and better trained' for War.

The Journal

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AN INTERESTING WAR: REVIEWING THE FLEET AT FLOOD TIDE

Colin Barker - Jan 19, 2017

The Fleet at Flood Tide provides not only a good yarn but an unflinching history rich with lessons to be learned about truly existential war, the vast expanse of the Pacific, and the lengths to which the country was forced to go to definitively defeat a societal death cult.

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THE ILIAD AND THE ISLAMIC STATE

Joanna Luyck - Jan 18, 2017

The lives and culture of some of Western literature's most famous warriors looks just as much like that of today's violent extremism as it does like today's professional soldiers. *The Iliad's* ability to make a raiding, tribal group whose society differs so greatly from Western values today the protagonists opens the door to improving American understanding of the Islamic State's fighters. As long as this continues, *The Iliad* will have a valuable place.

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REVIEWING THE STERLING FOREST: WHAT HAPPENS NEXT IN THE BALTICS?

Charles Schmidt - Jan 16, 2017

We inhabit a troubled and troubling world, so we owe our ear to men like Freud who spent years, in Tolly Roosevelt's memorable words, "in the attic." The author has walked the grounds and studied the people—fired and fanned—of these regions, before and after the fall of the Soviet Union. His work at high levels of our government and his counsel is respected. By reading his novel, readers just might get a jump on the future.

[Read More →](#)




THE INTERSECTION OF CYBER AND NUCLEAR WAR

Paul Brinkley - Jan 17, 2017

Predictions about what countries will or won't do in a crisis are less convincing than recognizing the sea change taking place from the intersection of cyber and nuclear war systems. Entirely new dynamics are coming into play, and must be given the attention they deserve.

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Additional Resources

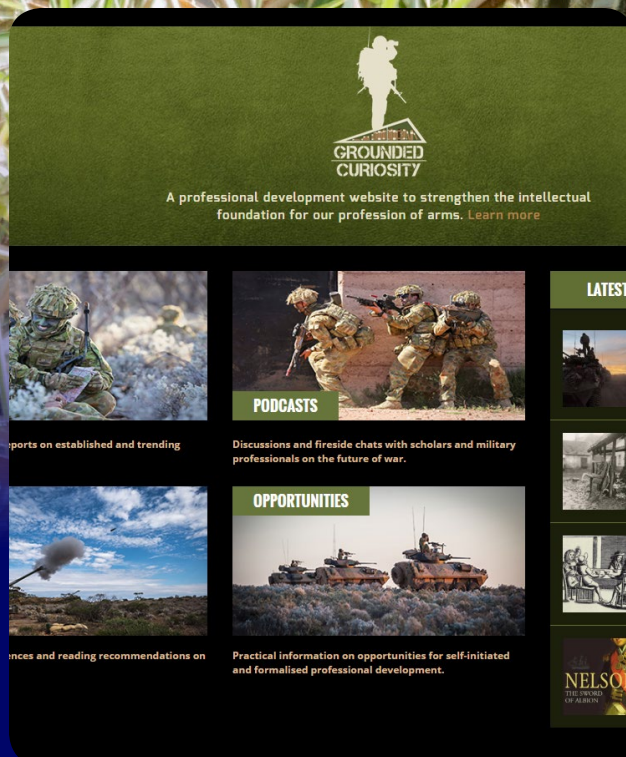
Grounded Curiosity

<https://groundedcuriosity.com/>

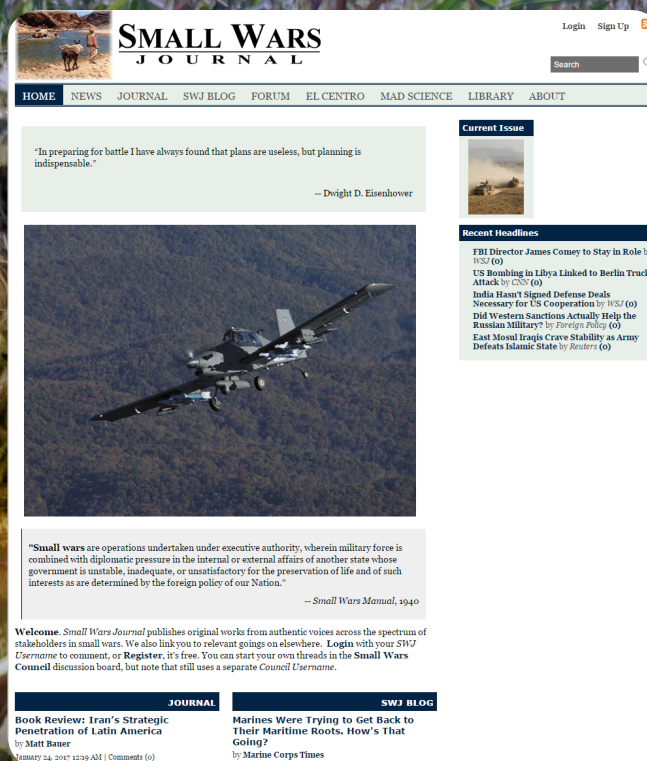
What: Grounded Curiosity aims to start a conversation with junior commanders about our future in warfare. Our military is built on people – Grounded Curiosity's small initiatives aim to help strengthen the intellectual foundation for our profession of arms.

Grounded Curiosity provides a Blog; Podcasts; a Library collection of military reading recommendations; and opportunities that exist in our military for self-initiated and formalised professional development.

Why: Understand how to become 'better led, better disciplined and better trained' and network military professionals.



The screenshot shows the Grounded Curiosity website. At the top is a logo with a silhouette of a soldier and the text 'GROUNDING THE GROUNDING CURIOUSITY'. Below it is a tagline: 'A professional development website to strengthen the intellectual foundation for our profession of arms. Learn more'. The main content area is divided into four sections: 'REPORTS' (with a photo of soldiers), 'PODCASTS' (with a photo of soldiers), 'OPPORTUNITIES' (with a photo of tanks), and 'LATEST' (with a photo of a soldier). Each section has a brief description of its content.



The screenshot shows the Small Wars Journal website. At the top is the logo 'SMALL WARS JOURNAL'. Below it is a navigation menu with links: HOME, NEWS, JOURNAL, SWJ BLOG, FORUM, EL CENTRO, MAD SCIENCE, LIBRARY, ABOUT. The main content area features a large image of a military aircraft in flight. To the right of the image is a 'Current Issue' section with a small image and text. Below the image is a 'Recent Headlines' section with several headlines. At the bottom of the page is a 'Welcome' message and a 'Sign Up' button.

Modern War Institute

<http://mwi.usma.edu/>

What: Small Wars Journal facilitates the exchange of information among practitioners, thought leaders, and students of Small Wars, in order to advance knowledge and capabilities in the field.


Why: Understand how to become 'better led, better disciplined and better trained' for War.

Defence Library Service

<http://www.defence.gov.au/dls/>

What: The ADF's own library service, located at all major bases, with access to an abundant amount of books, e-books, online magazines (viewable on tablets, phones and PCs) as well as audio books. Approach the Lavarack Library on base for more information or assistance, or alternatively sign up online.

Why: Enhance professional development cost effectively.



The screenshot shows the Australian Defence Library Catalogue website. At the top is the title 'Australian Defence Library Catalogue'. Below it is a login section with fields for 'User ID:' and 'PIN:', and a 'Login' button. The main content area contains a welcome message: 'Welcome to the Defence Library Service (DLS). Our services and resources meet the diverse information needs of the Australian Defence Organisation (ADO) in an ever changing environment. We do not provide services to members of the public. The DLS can assist ADO staff involved in corporate activities, military trainees, trainers, course managers, or personnel preparing for, or on deployment. Please register, using the appropriate link below or contact our library staff at askalibrarian for more information. If you are already registered, please enter your User ID and PIN.' Below this is a 'Links' section with three links: 'Defence Employee Registration', 'Defence Contractor Registration', and 'Non-Australian Exchange Officer Registration'. At the bottom is a 'Privacy Copyright' section.